

LEARN TO SAIL

The Learn to Sail program concentrates on the basic elements of sailing. The program emphasizes the pleasure of sailing while learning about sailing terminology, safety equipment & procedures, boat rigging, knots, sail trim, and boat control. Lessons generally start with classroom discussion, but the majority of the time will be spent on the water. The main goals of the program are to have fun, learn the basics of sailing, and be safe at all times. Upon completion of the course, the student will be able to sail a small sailboat with developing confidence in a variety of weather conditions. For younger sailors, this program may be taken more than once.

YOUTH SAILING

The Youth Sailing program concentrates on refinement of techniques and boat handling confidence. Participants must complete the Learn to Sail Program and/or have instructor approval.

This program is designed for juniors who both want to continue to sail with their peers, but not in a competitive format and those looking to move into the Junior Racing Fleet. It is organized to ensure all sailors have fun and continue to advance their sailing skills. Water Safety, First Aid, and more advanced boat handling skills will be taught. Introduction to and a chance to sail different types of boats will be included. Youth can choose to sail for 2, 4, 6, or all 8 weeks.

JUNIOR RACING FLEET

Junior Fleet is open to WBYC members from 8 to 18 who are competent single-handed sailors. Morning training introduces racing rules, starting, mark rounding, and tactics. Proper care & maintenance of boats, sails, rigging, & hardware is incorporated and emphasized as part of sailors' responsibilities. In the afternoons, junior racers have the opportunity to race in a supervised format. Instruction will continue on starting, mark rounding, & tactics during & after the races. Junior Fleet members may travel to Optimist & Laser/420 events and WBYC will host both Optimist & Laser/420 Regattas. Sailors are encouraged to use their own boats as limited club boats are available. Participants must have instructor approval to join Junior Fleet.

SAFETY REQUIREMENTS

All participants must wear a US Coast Guard approved life vest when on the water. Juniors must be at least 8 years of age and demonstrate swimming

competence via a swim test which will be conducted on the first day of each session.

ADULT SAILING INSTRUCTION

Adult Sailing Instruction is available as individualized instruction emphasizing boat handling, sail trim and boat rigging. Lessons are individually tailored to the participants needs in the type of boat they desire to sail or race. Individual or group lessons are arranged directly with the WBYC instructors upon request. Club boats are available for use.

JUNIOR SAILING COMMITTEE

Program Coordinators

Elaine Marshall – 315-655-5489

Pam Murphy – 315-727-3243

Head Sailing Instructor

Eric Magnuson – 315-243-7813

SCHEDULE FOR 2011

Learn to Sail & Youth Sailing

Morning Mon, Wed, Fri 9 am – 12 noon
Afternoon Mon, Wed, Fri 1 pm – 4 pm

Session 1 June 28 to July 8 (Classes will be extended by 30 minutes each day and will not meet on July 4th)

Session 2 July 11 to July 22

Session 3 July 25 to Aug 5

Session 4 Aug 8 to Aug 19

Class sizes will be limited. Each session will be filled on a first come, first served basis.

Junior Fleet - Tues & Thurs 9 am – 4 pm

One Session – Jun 28 to Aug 18

REGISTRATION - On the internet at

www.willowbankyc.com and at WBYC on Saturday,
June 11 & 25 10am-Noon

FEEES

Learn to Sail & Youth Sailing

\$140 single 2 week session

\$130 each additional session or sibling

(\$40 boat fee for non-members.)

Junior Racing Fleet \$300

\$100 discount for members sailing their own boat

Adult Sailing Instruction \$30 per hour

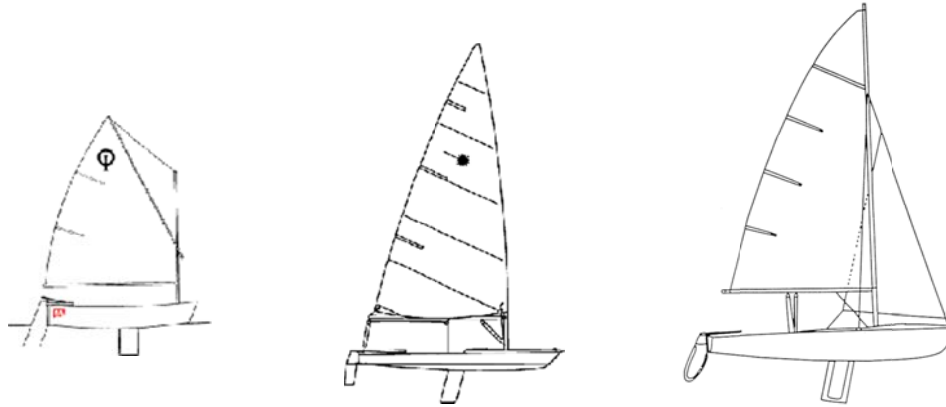
Little Salts - There will be one Little Salts session the time of which will be determined based on interest and instructor availability.

For More Information

go to www.willowbankyc.com

or email: jrsailing@willowbankyc.com

SAIL INTO SUMMER ON CAZENOVIA LAKE



WILLOW BANK YACHT CLUB

Willow Bank Yacht Club
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